

Mystic Moonlight Yoga - May 2025

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
				10 am Gentle Stretch/Yoga		
				-Cyndy @ Lake Stonycreek		
				6 pm Students' Choice - Bobbie		
4	5	6	7	8	9	10
		10 am Strength Yoga - Alex		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy	6 pm Intermediate Yoga	-Cyndy @ Lake Stonycreek		
	6 pm Weighted Pilates	@ Lake Stonycreek	- Bobbie	6 pm Students' Choice - Bobbie		
	-Bobbie	6 pm Gentle Yoga - Alex				
		7:15 Strength+Stretch - Alex				
11	12	13	14	15	16	17
		10 am Strength Yoga - Alex		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy	6 pm Intermediate Yoga	-Cyndy @ Lake Stonycreek		
	6 pm Weighted Pilates	@ Lake Stonycreek	- Bobbie	6 pm Students' Choice - Bobbie		
	-Bobbie	6 pm Gentle Yoga - Alex				
		7:15 Strength+Stretch - Alex				
18	19	20	21	22	23	24
		10 am Strength Yoga - Alex		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy	6 pm Intermediate Yoga	-Cyndy @ Lake Stonycreek		
	6 pm Weighted Pilates	@ Lake Stonycreek	- Bobbie	6 pm Students' Choice - Bobbie		
	-Bobbie	6 pm Gentle Yoga - Alex				
		7:15 Strength+Stretch - Alex				
25	26	27	28	29	30	31
		10 am Strength Yoga - Alex		10 am Gentle Stretch/Yoga		
	Memorial Day	No class with Cyndy	6 pm Intermediate Yoga	-Cyndy @ Lake Stonycreek		
	No class		- Bobbie	6 pm Students' Choice - Bobbie		
		6 pm Gentle Yoga - Alex				
		7:15 Strength+Stretch - Alex				