

Mystic Moonlight Yoga - April 2025

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
		10 am Strength Yoga - Alex		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy @ Lake Stonycreek	6 pm Intermediate Yoga - Bobbie	-Cyndy @ Lake Stonycreek 6 pm Students' Choice - Bobbie		
		6 pm Gentle Yoga - Alex				
		7:15 Strength+Stretch - Alex				
6	7	8	9	10	11	12
		10 am Strength Yoga - Alex		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy @ Lake Stonycreek	6 pm Intermediate Yoga - Bobbie	-Cyndy @ Lake Stonycreek 6 pm Students' Choice - Bobbie		
	6 pm Weighted Pilates -Bobbie	6 pm Gentle Yoga - Alex				
		7:15 Strength+Stretch - Alex				
13	14	15	16	17	18	19
		10 am Strength Yoga - Alex		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy @ Lake Stonycreek	6 pm Intermediate Yoga - Bobbie	-Cyndy @ Lake Stonycreek 6 pm Students' Choice - Bobbie		
	6 pm Weighted Pilates -Bobbie	6 pm Gentle Yoga - Alex				
		7:15 Strength+Stretch - Alex				
20	21	22	23	24	25	26
		10 am Strength Yoga - Alex		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy @ Lake Stonycreek	6 pm Intermediate Yoga - Bobbie	-Cyndy @ Lake Stonycreek 6 pm Students' Choice - Bobbie		
	6 pm Weighted Pilates -Bobbie	6 pm Gentle Yoga - Alex				
		7:15 Strength+Stretch - Alex				
27	28	29	30			
		10 am Strength Yoga - Alex				
		5:30 pm Gentle Stretch/Yoga - Cyndy @ Lake Stonycreek	6 pm Intermediate Yoga - Bobbie			
	6 pm Weighted Pilates -Bobbie	6 pm Gentle Yoga - Alex				
		7:15 Strength+Stretch - Alex				