

Mystic Moonlight Yoga - February 2025

| Su | Mo | Tu | We | Th | Fr | Sa |
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| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | | 10 am Strength Yoga - Alex | | 10 am Gentle Stretch/Yoga | | |
| | | 5:30 pm Gentle Stretch/Yoga - Cyndy | 6 pm Intermediate Yoga | -Cyndy @ Lake Stonycreek | | |
| | 6 pm Weighted Pilates | @ Lake Stonycreek | - Bobbie | 6 pm Students' Choice - Bobbie | | |
| | -Bobbie | 6 pm Gentle Yoga - Alex | | | | |
| | | 7:15 Strength+Stretch - Alex | | | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | 10 am Strength Yoga - Alex | | 10 am Gentle Stretch/Yoga | | |
| | | 5:30 pm Gentle Stretch/Yoga - Cyndy | 6 pm Intermediate Yoga | -Cyndy @ Lake Stonycreek | | |
| | 6 pm Weighted Pilates | @ Lake Stonycreek | - Bobbie | 6 pm Students' Choice - Bobbie | | |
| | -Bobbie | 6 pm Gentle Yoga - Alex | | | | |
| | | 7:15 Strength+Stretch - Alex | | | | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | | 10 am Strength Yoga - Alex | | 10 am Gentle Stretch/Yoga | | |
| | | 5:30 pm Gentle Stretch/Yoga - Cyndy | 6 pm Intermediate Yoga | -Cyndy @ Lake Stonycreek | | |
| | 6 pm Weighted Pilates | @ Lake Stonycreek | - Bobbie | 6 pm Students' Choice - Bobbie | | |
| | -Bobbie | 6 pm Gentle Yoga - Alex | | | | |
| | | 7:15 Strength+Stretch - Alex | | | | |
| 23 | 24 | 25 | 26 | 27 | 28 | |
| | | 10 am Strength Yoga - Alex | | 10 am Gentle Stretch/Yoga | | |
| | | 5:30 pm Gentle Stretch/Yoga - Cyndy | 6 pm Intermediate Yoga | -Cyndy @ Lake Stonycreek | | |
| | 6 pm Weighted Pilates | @ Lake Stonycreek | - Bobbie | | | |
| | -Bobbie | 6 pm Gentle Yoga - Alex | | 6 pm Breathwork Workshop | | |
| | | 7:15 Strength+Stretch - Alex | | - Eric Schott | | |