

## Mystic Moonlight Yoga - April 2024

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
		10 am Strength Building Yoga Flow - Alex		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy		-Cyndy @ Lake Stonycreek		
	6 pm Weighted Pilates	@ Lake Stonycreek	6 pm Intermediate Yoga	6 pm Buti Yoga - Alex		
	-Bobbie	6 pm Gentle Yoga - Alex	- Bobbie	7:15 Gentle Yoga - Alex		
		7:15 Strength+Stretch - Alex				
7	8	9	10	11	12	13
		10 am Strength Building Yoga Flow - Alex		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy	6 pm Intermediate Yoga	-Cyndy @ Lake Stonycreek		
	6 pm Weighted Pilates	@ Lake Stonycreek	- Bobbie	6 pm Buti Yoga - Alex		
	-Bobbie	6 pm Gentle Yoga - Alex		7:15 Gentle Yoga - Alex		
		7:15 Strength+Stretch - Alex				
14	15	16	17	18	19	20
		<b>No am class</b>		10 am Gentle Stretch/Yoga		
		5:30 pm Gentle Stretch/Yoga - Cyndy	6 pm Intermediate Yoga	-Cyndy @ Lake Stonycreek		
	6 pm Weighted Pilates	@ Lake Stonycreek	- Bobbie	<b>No pm classes</b>		
	-Bobbie	<b>No pm classes in Somerset</b>				
21	22	23	24	25	26	27
		10 am Strength Building Yoga Flow - Alex		10 am Gentle Stretch/Yoga		
	6 pm Weighted Pilates	5:30 pm Gentle Stretch/Yoga - Cyndy	6 pm Intermediate Yoga	-Cyndy @ Lake Stonycreek		
	-Bobbie	@ Lake Stonycreek	- Bobbie	6 pm Buti Yoga - Alex		
		6 pm Gentle Yoga - Alex		7:15 Gentle Yoga - Alex		
		7:15 Strength+Stretch - Alex				
29	30					
		10 am Strength Building Yoga Flow - Alex		10 am Gentle Stretch/Yoga		
	6 pm Weighted Pilates	5:30 pm Gentle Stretch/Yoga - Cyndy	6 pm Intermediate Yoga	-Cyndy @ Lake Stonycreek		
	-Bobbie	@ Lake Stonycreek	- Bobbie	6 pm Buti Yoga - Alex		
		6 pm Gentle Yoga - Alex		7:15 Gentle Yoga - Alex		
		7:15 Strength+Stretch - Alex				